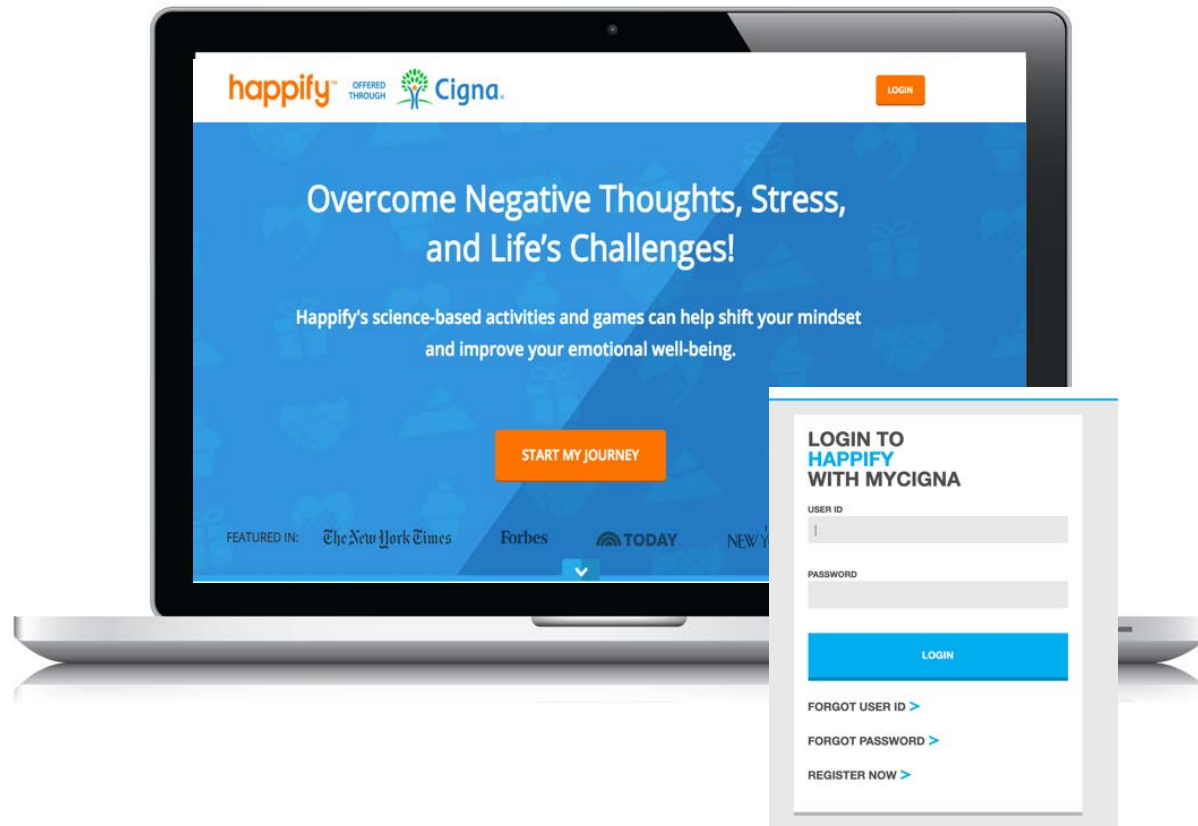


Getting Started – On the Web

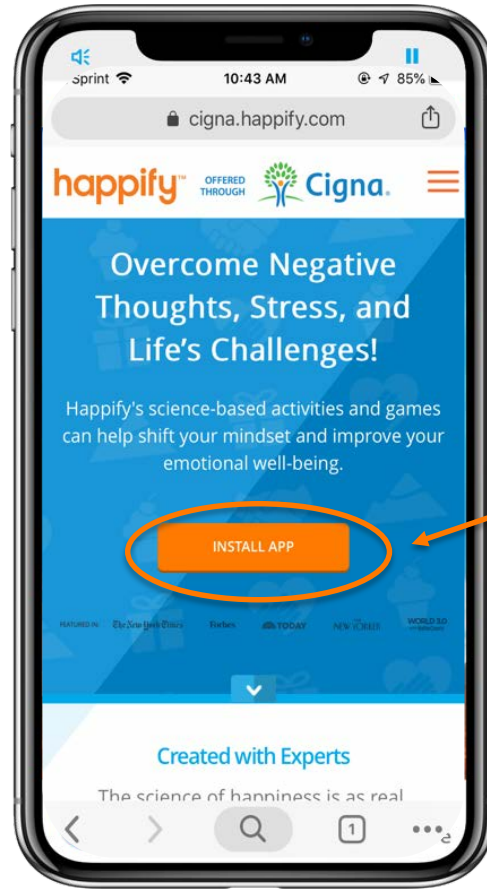


Employees initially access Happify through their computer or mobile device by going to:

happify.com/cigna or via myCigna.com

1. Member eligibility and authentication occurs through the existing Cigna Single-Sign-On (SSO) process by first requiring members to enter their Cigna User ID and password
2. Members are then taken to the Cigna-dedicated site
3. Members complete a quick onboarding survey
4. They provide their email and create their username and password
5. They choose their privacy setting
6. Their account is activated and they're ready to go!

Accessing the Correct Happify App



Employees may also access Happify offered through Cigna via an App (iOS and Android).

Open phone web browser and go to Happify.com/Cigna

- Do **NOT** go directly to app store.
- Instead open a web browser (i.e. safari or google) on phone and enter Happify.com/Cigna
- Then click orange button to “install app”
- Now Open in “app store” and install.
- This will indicate the Cigna version of the app which does not require payment and uses myCigna ID to log in.