

Work-Life *solutions*

Get the everyday help you need

Just call your ComPsych® GuidanceResources® toll-free number or log on to guidanceresources.com to reach a Work-Life Specialist. They will research your question and find the answers. If they can't provide an immediate answer, they'll send you a complete packet of practical information, including maps, referrals, articles on your topic, estimated costs, and much more, in just a few business days. The materials can be delivered to you via email or, if you prefer, second-day air.

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GuidanceResources gives you someone to talk to for any of life's challenges, big or small.

How can we help you?



Finding child
or elder care



Housing
searches



Seeking
financial
assistance



Locating
pet care



Sending a
child off to
school



Planning a
major project
or event

Easy Access

Call 844-216-8308
to speak to a
GuidanceConsultantSM
who will guide you to the
appropriate services.

Online scheduling: log on
to guidanceresources.com
using your organization's
Web ID.



Live
Assistance

Call: 844-216-8308
App: GuidanceNowSM
Online: guidanceresources.com

TRS: Dial 711
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